

Coaching & Mentoring

Program Snapshot

Coaching and Mentoring, both focus on the individual to enhance his/her morale, motivation and productivity. They reduce staff turnover as individuals feel valued and connected with small as well as large organisational changes. Our Coaching and Mentoring program is aimed at developing people and empowering them to effectively coach and mentor their teams to enhance productivity. The program trains the participants to achieve a balance between fulfilling organisational goals and objectives whilst taking into account their personal development needs. We facilitate the formation of a two-way relationship in which both the organisation and the employees gain significant benefits. In our program on Effective Coaching and Mentoring, participants will

- Understand the relationship and difference between coaching and mentoring, and learn how to decide when to coach and when to mentor
- Gather insights to tailor coaching styles to meet individual needs, and how to establish and manage relationships
- Recognize coaching characteristics and skills, and understand the working of the 'coaching to train' process
- Understand GROW model and its application during the coaching process
- Commit to action using individual development and action plans
- Know how to check the coaching performance and follow-up with the prepared action plans
- Know the characteristics of effective mentors and understand how to mentor well

For Levels

Senior Managers & Managers / Functional & Departmental Heads / Team Leaders / Supervisors

Duration

2 days

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