Interpersonal Effectiveness

Program Snapshot

Since so many of our waking hours are utilised working, a great deal of our lives are spent interacting with co-workers, clients and customers. Effective interpersonal skills help people build better relationships with others, and also make working with them more enjoyable. In our program on Interpersonal Skills, participants will learn how to

- Improve skills for better personal and team performance
- Turn potential conflict situations into interactions where mutually agreeable outcomes can be achieved
- Manage oneself better in work situations without adding stress
- Work more effectively to sustain high quality working relationships

For Levels

Middle & Junior Managers / Team Leaders / Supervisors / Executives / Sales Team / BD Team / Customer Service Team / Operation Team / Inter-departmental Team working together

Duration

2 days

RAISE THE BAR

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